

LASER HAIR REDUCTION PRE-TREATMENT INSTRUCTIONS

STAY OUT OF THE SUN:

- A tan increases the risk of side effects such as skin lightening.
- If you have a tan (either from sun exposure or sunless tanning products), wait until the tan fades before undergoing laser treatment.
- We recommend staying out of the sun for approximately 4 weeks before laser hair reduction.

AVOID PLUCKING, WAXING & ELECTROLYSIS:

- These hair removal methods can disturb the hair follicle and interfere with laser hair removal.
- Shaving is okay since it preserves the hair shaft and follicle.

SHAVE THE TREATMENT AREA:

- Within 24 hours prior to your procedure, shave the treatment area with either a manual or electric shaver.
- If you need our assistance with shaving, please let us know prior to your appointment.

DO NOT APPLY LOTION OR DEODORANT:

- Any substances on the surface of the skin compromise the effectiveness of the laser.