

VASCULAR LESION POST-TREATMENT INSTRUCTIONS

- A mild sunburn-like sensation is expected. This usually lasts 2-24 hours but can persist up to seventy-two (72) hours. Mild swelling and/or redness may accompany this, but it usually resolves in 2-3 days. Apply wrapped ice or gel packs to the treatment area for 10-15 minutes every hour for the next four hours, as needed. Never apply ice directly to skin. An oral, over-the-counter anti-inflammatory (ibuprofen such as Advil®) or an analgesic (acetaminophen such as Tylenol®) may be taken to reduce discomfort. Use medicine according to manufacturer's recommendations.
- The vessels may undergo immediate graying or blanching, or they may exhibit a slight purple or red color change. Typically, the vessels will fully or partially fade in 10-14 days.
- Until redness has resolved, it is recommended to AVOID the following:
 - Applying cosmetics to treated areas.
 - Swimming, especially in pools with chemicals.
 - Hot tubs and Jacuzzis.
 - Activities that cause excessive perspiration.
 - Sun exposure to treated areas (apply an SPF 45 or greater sunscreen to prevent skin color changes).
 - Aggressive scrubbing and use of exfoliants on the treated area.
- Bath or shower as usual. Treated areas may be temperature-sensitive.
- Schedule a follow-up appointment for evaluation. Repeat treatments may be performed every 7-14 days if skin has fully recovered. One to four treatments may be necessary.
- Do NOT pick, remove, or pull at any darkened lesions as scarring may occur.

VASCULAR LESION TREATMENT POSSIBLE SIDE EFFECTS

- Prolonged itching, redness, and blistering.
- Bruising, peeling, rash, lightening or darkening of skin color, ingrown hairs, purpura, crusting, swelling, infection, and removal or lightening of freckles.
- Removal or lightening freckles.
- Scarring.
- Risk of incidental hair reduction or removal in the treated areas.